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(71) Applicant: SPINETECH, INC. [US/US]; 980 E. Hennepin, Minneapolis, MN 55402 (US).

(72) Inventors: OXLAND, Thomas, R.; 6217 97th Street W., Bloomington, MN 55438 (US). KOHRS, Douglas, W.; 6517 Sherwood Avenue, Edina, MN 55435 (US). ERICKSON, Donald; 9765 110 Street N., Stillwater, MN 55082 (US). SAND, Paul, M.; 1747 North Dale Street, Roseville, MN 55113 (US).

(74) Agents: VIDAS, Scott, Q. et al.; Vidas, Arrett &amp; Steinkraus, Suite 1540, 920 Second Avenue, Minneapolis, MN 55402-4014 (US).

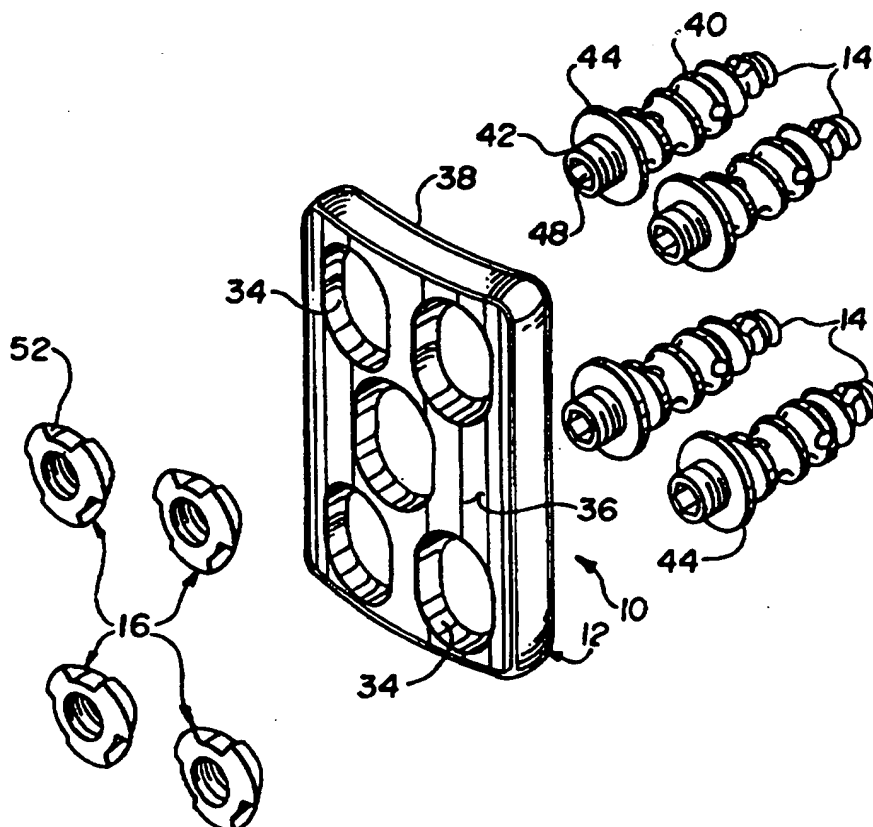
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(54) Title: CERVICAL SPINE STABILIZATION SYSTEM

## (57) Abstract

A method and device for stabilizing cervical vertebrae includes a plate (36) with at least two slots (34). The device also includes at least two screws (14) including a lower threaded bone-engaging shaft (40), a shoulder (44) which will not pass through the plate slots (34), and an upper threaded shaft (42). The screws are positioned and the plate rests on the top of the screw shoulders. Locking, low profile caps (52) secure the plate to the screws.



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# **CERVICAL SPINE STABILIZATION SYSTEM**

## **Background of the Invention**

### **1. Field of the Invention**

This invention relates to a system for stabilizing cervical vertebrae of the  
5 neck.

### **2. Description of the Related Art**

Asher et al., U.S. Patent 5,084,049 shows spine plates with a plurality  
of openings, each with semispherical recesses. Each fastener includes a bone screw  
with a shoulder to space the plate from the vertebrae. The nut includes a portion 56  
10 to engage the semispherical recess.

Luque, U.S. Patent 4,913,134 includes screws with a convex head shape  
sized to fit into concave depressions in a plate. The upper portion of the head may be  
snapped off for a lower profile. The plate has elongated holes. The screw heads are  
above the plate and could back out if not for an overcap lock.

15 Small et al, U.S. Patent 5,129,899 is of interest in its showing of an  
elongated plate, bone screw with shoulder larger than the plate opening and nuts with  
a relatively low profile. A load transfer washer 35 is required.

Lin, U.S. Patent 5,176,679 is of interest in its method of use. It may  
use the plate with assembled sleeves as a guide for drilling. The guide is then removed  
20 and the screws are inserted. The guide with sleeves is then positioned on top of and  
to the screws.

Warden et al, U.S. Patent 5,261,910 has a plate which requires a seat  
and is constructed to ensure that rotation between the plate and fastener is not possible.

The art described in this section is not intended to constitute an admission  
25 that any patent, publication or other information referred to herein is "prior art" with  
respect to this invention, unless specifically designated as such. In addition, this section  
should not be construed to mean that a search has been made or that no other pertinent  
information as defined in 37 C.F.R. § 1.56(a) exists.

### **30 Summary of the Invention**

The invention provides a method and apparatus which provide  
intervertebral stabilization with a very low profile and positive locking while providing  
anatomic flexibility. Basically, the invention consists of a cervical plate having at least

two slots. The plate is connected to adjacent vertebrae to provide stabilization and eventually fuse the vertebrae. The plate slots are designed to include an upper recessed area into which a mating lock cap may fit in a very low profile. The plate is secured to bone of the vertebrae by at least two unique screws. The lock cap-screw combination may be positioned anywhere along the length of the slot. The screws are designed to have a threaded, bone engaging shaft, an enlarged shoulder and an upper threaded shaft which accepts the lock cap. The plate is positioned over the shoulder of screws already screwed into bone. The shoulder is sized such that the screw cannot pass through the plate slot.

10 Preferably, a combination plate holder/guide is used to align the plate on the spine and guide formation of the screw holes. The screws are placed into the vertebrae and the plate is positioned over the screw, against the screw shoulders. The locking caps are attached to complete the stabilization procedure.

A template of similar shape to the plate but with slots large enough to pass the screw shoulders may be used to guide formation of the screw holes and placement of the screws. The template is then removed and the plate is positioned over the screw, resting against the screw shoulders. The lock caps are then attached to complete the stabilization procedure.

## 20 Brief Description of the Drawings

A detailed description of the invention is hereafter described with specific reference being made to the drawings in which:

FIG. 1 is a perspective view of a plate clamp of the invention;

FIG. 1a is a front fragmentary view thereof showing an adjustment screw;

FIG. 1b is a perspective view thereof illustrating the positioning pins;

FIG. 1c is a cut away sectional view thereof taken along line 1c-1c of Fig. 1b showing the positioning rings;

FIG. 2 is an exploded perspective view thereof illustrating the plate, locking caps and screws;

FIG. 3 is a side elevational view thereof showing a cervical spine with a damaged disc;

FIG. 4 is a top elevational view thereof demonstrating the grasping of the cervical plate with the clamp;

FIG. 5 is a top elevational view thereof demonstrating the plate grasped with the clamp;

5 FIG. 6 is a side elevational thereof showing the plate being positioned;

FIG. 7 is a top elevational view thereof illustrating the formation of screw holes;

FIG. 8 is a front elevational view thereof showing the plate in position with the formed screw holes;

10 FIG. 9 is a side elevational view thereof with the bone screws inserted and cap being positioned;

FIG. 10 is a side elevational view thereof showing a template with larger holes;

FIG. 11 is a front elevational view of the installed plate;

15 FIG. 12 is a cross-sectional view showing the profile of the installed plate;

FIG. 13 is a greatly enlarged view of the interface of cap, screw and plate taken from Fig. 12; and

20 FIG. 14 is a perspective view of an alternative plate with elongated slots in the plate.

### **Description of the Preferred Embodiments**

With reference to the figures, it will be seen that the device 10 of the invention includes a cervical plate 12, bone screws 14 and locking caps 16.

25 The cervical fusion device 10 of the invention is best described with reference to its use. Figure 3 shows a typical spinal segment consisting of vertebrae 20, 22, 24, 26. Normal, healthy discs 28, 30 are shown as well as a damaged disc 32. Further, the ligaments between vertebrae 22 and 24 may be damaged resulting in an unstable segment. Fusion of vertebrae 22 to 24 is one method of dealing with these  
30 pathologic conditions.

With reference to Figures 2, 4, 5, 7-11, 12 and 14 it will be seen that cervical plate 12 is a machined, curved plate, typically of biocompatible metal with a plurality of openings 34 therethrough. Plate 12 has an upper surface 36 and a lower,

bone contacting surface 38. Openings 34 are constructed such that the area of the opening on the upper surface 36 is larger than the area on the lower, bone contacting surface 38. The bottom of the plate may be curved or have flats.

Bone screws 14 include a lower threaded shaft 40 that is screwed into bone as shown in Figs. 9 and 12. Bone screws 14 include an upper threaded shaft 42 that engage with locking caps 16. In between is an enlarged shoulder 44 which is sized such that it may not pass through openings 34. Bone screws 14 may have a plurality of transverse holes to facilitate osseointegration.

The preferred installation of cervical plate 12 is through the use of a plate holder/guide clamp 62 as shown in Figs. 1 and 4-7. As best shown in Figure 1, clamp 62 is a modified fixation forceps including a handle 64, pivot joint 66 and blades 68, 70. Each blade includes a guide head 72, 74 with opposing lips 76, 78 which attach to plate 12 as shown in Fig. 5. Guide cylinders 80, 82 are slidably positionable in each guide head 72, 74 at the required angle. Guide cylinders 80, 82 may include positioning rings 84, 86 which may engage with a detent 88. This allows the depth of the guide cylinders 80, 82 to be readily selected. Guide cylinders 80, 82 may include knurling 90 at an end to make manual adjustment easier. In addition, a typical forceps lock mechanism 92 may be employed.

In operation, tool 62 is used as shown in Figures 4-7. First, the tool 62 is opened as in Fig. 4 to grasp a device 10 between the opposing lips 76, 78. The guide cylinders 80, 82 are pushed down to contact with the openings 34 in the plate 12 as in Fig. 5. The positioning rings 84, 86 allow for change in depth. Once the proper alignment is made, the tool 62 may be locked with the forceps lock 92.

The device 10, now firmly held to the tool 62, is brought to bear against a cervical vertebrae as illustrated in Figs. 6 and 7. Once in position, pilot holes for the self-tapping screws 14 may be formed. Preferably, as shown, a drill 94 placed through a guide cylinder is used to form the pilot holes needed. The depth of drilling is controlled to prevent penetration into the spinal cord. Alternatively, an awl may take the place of the drill. Figure 8 shows the plate 12 with pilot holes 98 shown in relation to the slotted openings 34 of the plate 12.

Figure 9 shows that the tool 62 has been removed, screws 14 have been inserted, plate 12 has been positioned over the screws 14 and an insertion tool 56 is shown ready to position locking cap 16. Figure 11 shows the fully installed device 10

which stabilizes the adjacent vertebrae. Figures 12 and 13 show the extremely low profile of the installed device 10.

In operation, it is possible to install the device with the aid of a template 46 as shown in Figure 10. The template 46 is constructed to include the same spaced  
5 holes or openings 34 as in the cervical plate 12. The template 46 has openings 34 that will allow passage of the bone screws 14 including the shoulders 44. Template 46 may appear identically to plate 12 except for the size of openings 34 which in template 46 are larger.

The template 46 is positioned where desired and holes are prepared for  
10 the screws. The screws may then be fully inserted with the template guide in place until their shoulders 44 abut against the bone. Typically bone screws 14 would be installed by means of a hex head 48 connecting to an allen wrench. The template allows accurate positioning of the screws and is then removed.

Next, the cervical plate 12 is positioned over the bone screws 14 until  
15 it abuts against the shoulders 44. The plate 12 is locked to the screws 14 by locking caps 16 as shown. The locking caps are preferably threaded such that the cap tends to be locked in place. One way is to use the threads sold under the designation Spiral-lok™ in which the female threads are slightly different from the male threads. Detroit Tool Industries of Madison Heights, Michigan produces such locking threads. Thread  
20 locking compounds may also be used to prevent loosening of the caps. The caps 16 may include a head configuration 52 that allows the use of an insertion tool 56 which may grip and turn the cap 16.

Figure 14 shows that the device 10 of the invention may include a plate 12 having elongated openings 54 rather than openings 34. The openings 54 would still  
25 be slightly larger at the upper surface 36 than the lower surface 38 to ensure that the shoulder 44 may not pass therethrough and to provide a cavity into which the cap 16 may fit. The elongated slot allows the physician more latitude in placing the screws, since they may be anywhere within the long slots. Obviously, any combination of conventional openings 34 and elongated openings 54 may be employed. Generally, it  
30 may be advantageous to make each opening 34 in the plate 12 somewhat elongated along one direction to provide for minor adjustments.

Usually, plate 12 will not be flat and will have a bend conforming to the vertebrae to which it will be affixed. Plate benders may be employed during surgery

to bend the plate to a custom fit to the patient. In such a case, normal round openings may be made off-round, no longer accommodating a screw. For this reason, the slightly to greatly elongated openings 34, 54 of the invention allows the screws to fit even after bending the plate. If one screw does not line up properly with the plate, it may be removed. The device is then installed without that screw and a conventional non-shouldered screw may be inserted from the upper surface 36 of the plate 12.

Although the device may be installed with the aid of a template, no template is required. If desired, the cervical plate 12 may be used as a template, although it would need to be removed so the screws can be installed permanently.

10 In general, the screws 14 are self-tapping and the step of tapping holes for the screws is not needed. The figures show the stabilization of two adjacent vertebrae by the device of the invention. The plate may be extended in length such that more than two vertebrae are fused together. That is, three or more vertebrae could be fused by a single, longer plate 12 with screws locking into each vertebrae.

15 As shown in the drawings, the installed stabilization device 10 has a very low profile without protruding screws. The construction greatly decreases the possibility of the screws backing out and contacting any vulnerable structure.

While this invention may be embodied in many different forms, there are shown in the drawings and described in detail herein specific preferred embodiments of the invention. The present disclosure is an exemplification of the principles of the invention and is not intended to limit the invention to the particular embodiments illustrated.

This completes the description of the preferred and alternate embodiments of the invention. Those skilled in the art may recognize other equivalents to the specific embodiment described herein which equivalents are intended to be encompassed by the claims attached hereto.



## REFERENCE NUMERAL LIST

	#	Description	#	Description
5	10	device	62	plate holder/guide clamp
	12	cervical plate	64	handle
	14	bone screws	66	pivot joint
	16	locking caps	68	blade
	18		70	blade
10	20	vertebra	72	guide head
	22	vertebra	74	guide head
	24	vertebra	76	opposing lips
	26	vertebra	78	opposing lips
	28	disc	80	guide cylinders
15	30	disc	82	guide cylinders
	32	damaged disc	84	positioning ring
	34	openings	86	positioning ring
	36	upper surface of 12	88	detent
	38	lower surface of 12	90	knurling
20	40	lower threaded shaft	92	forceps lock mechanism
	42	upper threaded shaft	94	drill
	44	shoulder	96	hammer
	46	template	98	pilot holes
	48	hex head of 14	100	
25	50		102	
	52	head config of cap 16	104	
	54	elongated openings	106	
	56	insertion tool for cap 16	108	
	58		110	
	60		112	

**WHAT IS CLAIMED IS:**

1. A device for stabilizing cervical vertebrae comprising:

(a) a bone plate having an upper and a lower surface, said plate including a plurality of elongated slots holes through said plate, said slots defining a larger opening at said upper surface than at said lower surface;

(b) a bone screw comprising a lower threaded bone engaging shaft, an upper threaded shaft sized to pass through said bone plate slot holes, an enlarged shoulder situated between said lower and upper shafts, said shoulder being sized such that said shoulder may not pass through said slot holes; and

(c) a lock cap including threads to mate with said bone screw upper shaft, said cap being constructed and arranged to substantially fit within said slot holes of said plate without passing therethrough.

2. The device of Claim 1 wherein said lock cap threads include a thread locking compound to lessen the chance of the cap loosening.

3. The device of Claim 1 wherein said lock cap threads are slightly different from the threads of said upper shaft such that assembly of same causes the cap to lock more securely to said upper shaft.

4. A method for stabilizing cervical vertebrae together with a plate, the method comprising the steps of:

(a) positioning a template over the vertebrae to be fused together, said template including guide holes to locate bone screw positions;

(b) preparing a plurality of holes in said vertebrae;

(c) screwing in a screw into each of said prepared holes, said screws including a lower threaded shaft, an intermediate shoulder and an upper threaded shaft;

(d) removing the template and positioning a cervical plate having a plurality of openings arranged to mate with each of said screw upper shafts over said shafts; and

(e) locking said cervical plate to said screws by affixing overcaps to said upper threaded shafts, thereby stabilizing said vertebrae.

5. A method for stabilizing cervical vertebrae together with a plate, the method comprising the steps of:

- (a) screwing in a screw into adjacent vertebrae to be fused together into each desired location for a bone screw, said screws including a lower threaded shaft, an  
5 intermediate shoulder and an upper threaded shaft;
- (b) positioning a cervical plate having a plurality of openings arranged to mate with each of said screw upper shafts over said shafts, each of said openings being sized such that said screw shoulder may not pass therethrough; and
- (c) locking said cervical plate to said screws by affixing overcaps to said  
10 upper threaded shafts, thereby stabilizing said vertebrae.

6. A method for stabilizing cervical vertebrae together with a plate, the method comprising the steps of:

- (a) holding a cervical plate having a plurality of spaced openings to a hand  
15 held guide clamp, said guide clamp including clamping members for holding a cervical plate, said guide clamp further including at least one guide cylinder through which tools may be inserted;
- (b) aligning said guide clamp and cervical plate such that said guide cylinder is positioned directly over one of said spaced plate openings;
- (c) placing said plate held to said guide clamp against a vertebral segment  
20 to be stabilized;
- (d) marking positions for screws to be screwed into said vertebral segments on bone of said cervical vertebra;
- (e) screwing in a screw into each marked position for a bone screw, said  
25 screws including a lower threaded shaft, an intermediate shoulder and an upper threaded shaft;
- (f) positioning a cervical plate having a plurality of openings arranged to mate with each of said screw upper shafts over said shafts, each of said openings being sized such that said screw shoulder may not pass therethrough; and
- (c) locking said cervical plate to said screws by affixing overcaps to said  
30 upper threaded shafts, thereby stabilizing said vertebrae.

7. A tool for assisting placement of a vertebral plate, said tool comprising:

a forceps having a handle and opposing blades, said blades including a guide for holding a cervical plate thereto, said guide including at least one guide cylinder attached thereto, said guide cylinder including an opening through which instruments may be inserted to align with an opening in said cervical plate.

## AMENDED CLAIMS

[received by the International Bureau on 09 January 1996 (09.01.96); original claim 1 amended; original claim 2 unchanged; original claim 3 cancelled; original claim 6 amended and renumbered into new claim 5; original claims 4, 5 and 7 renumbered into new claims 3, 4 and 6, respectively. (3 pages)]

1. A device for stabilizing cervical vertebrae comprising:

(a) an elongated, bendable bone plate having an upper and a lower surface, said plate including a plurality of elongated slots through said plate, said slots defining  
5 a larger opening at said entire upper surface than at said lower surface;

(b) a bone screw comprising a lower threaded bone engaging shaft, an upper threaded shaft sized to pass through said bone plate slots said upper threaded shafts including internal tool receiving means into which a tool may be inserted to apply turning force to the screw, an enlarged diameter, but narrow height shoulder situated  
10 between said lower and upper shafts, said shoulder being larger in diameter than said upper and lower shafts such that said shoulder may not pass through said slots; and

(c) a lock cap including threads to mate with said bone screw upper shaft, said cap including a top and a bottom and being constructed and arranged to taper in diameter from said top to said bottom, with the bottom diameter being smaller than the  
15 top diameter to thereby substantially fit within said upper surface of said slots of said plate without passing therethrough said slots to provide a low profile and to lock said screw to said plate, said bendable plate allowing said plate to be bent as required to adapt to a patient, said elongated slots providing openings through which said caps will pass into before and after bending of said plate anywhere along the length of the slot.

20

2. The device of Claim 1 wherein said lock cap threads include a thread locking compound to lessen the chance of the cap loosening.

3. A method for stabilizing cervical vertebrae together with a plate, the method  
25 comprising the steps of:

(a) positioning a template over the vertebrae to be fused together, said template including guide holes to locate bone screw positions;

(b) preparing a plurality of holes in said vertebrae;

(c) screwing in a screw into each of said prepared holes, said screws

30 including a lower threaded shaft, an intermediate shoulder and an upper threaded shaft;

(d) removing the template and positioning a cervical plate having a plurality of openings arranged to mate with each of said screw upper shafts over said shafts; and

(e) locking said cervical plate to said screws by affixing overcaps to said

upper threaded shafts, thereby stabilizing said vertebrae.

4. A method for stabilizing cervical vertebrae together with a plate, the method comprising the steps of:

5 (a) screwing in a screw into adjacent vertebrae to be fused together into each desired location for a bone screw, said screws including a lower threaded shaft, an intermediate shoulder and an upper threaded shaft;

(b) positioning a cervical plate having a plurality of openings arranged to mate with each of said screw upper shafts over said shafts, each of said openings being  
10 sized such that said screw shoulder may not pass therethrough; and

(c) locking said cervical plate to said screws by affixing overcaps to said upper threaded shafts, thereby stabilizing said vertebrae.

5. A method for stabilizing cervical vertebrae together with a plate, the method  
15 comprising the steps of:

(a) holding a cervical plate having a plurality of spaced slots with a hand held guide clamp, said guide clamp including clamping members for holding a cervical plate, said guide clamp further including at least one guide cylinder through which tools may be inserted;

20 (b) aligning said guide clamp and cervical plate such that one of said at least one guide cylinder is positioned directly over one of said spaced plate slots;

(c) placing said plate held with said guide clamp against a vertebral segment to be stabilized;

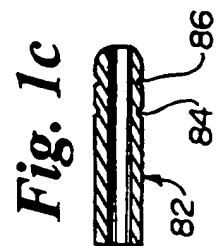
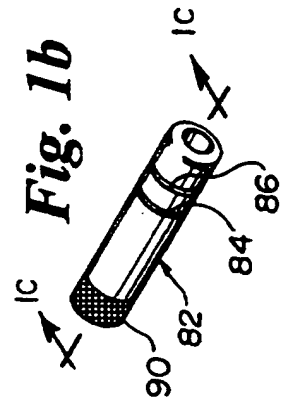
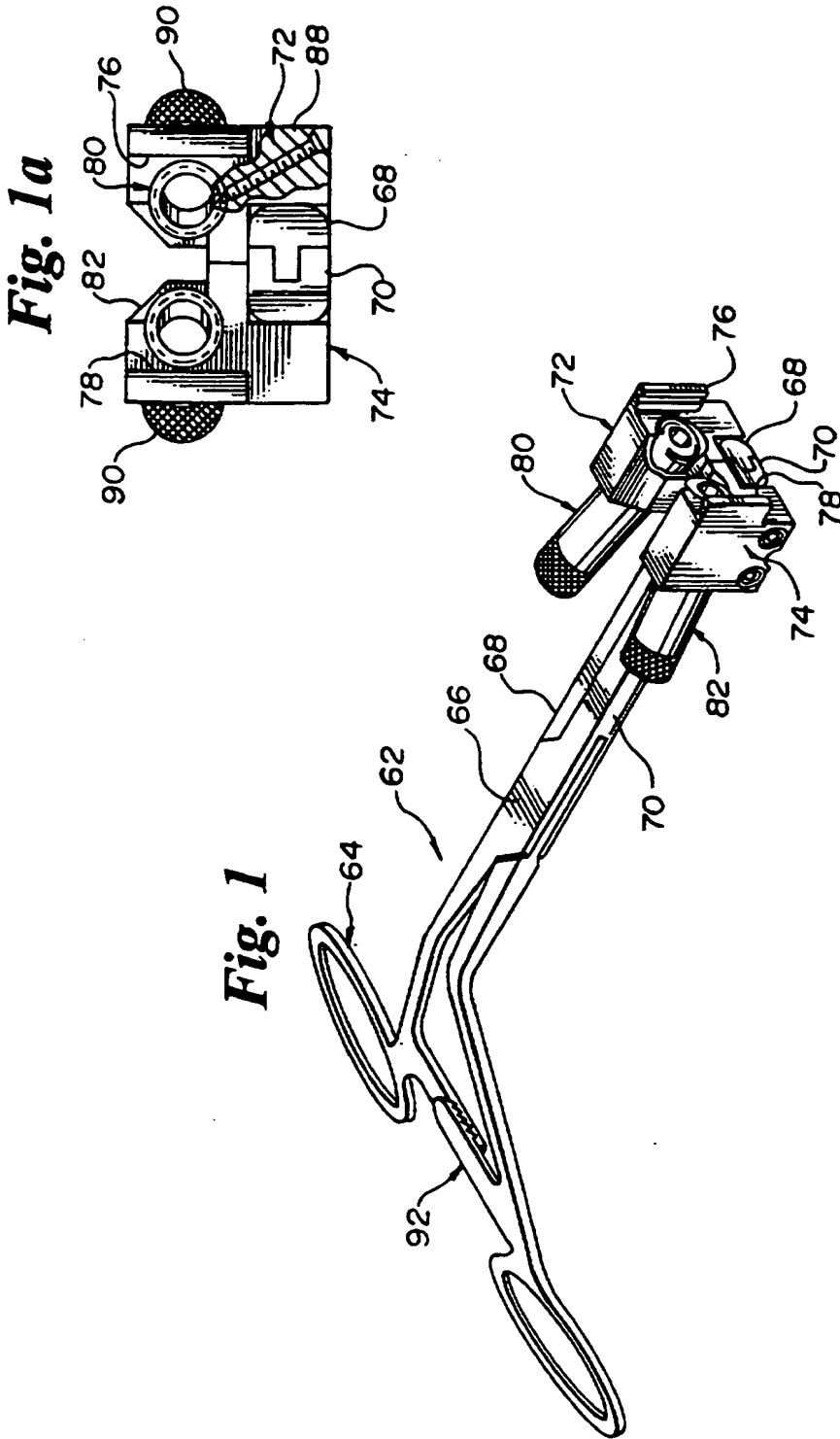
(d) marking positions for screws to be screwed into said vertebral segments  
25 on bone of said cervical vertebra by passing a marking instrument through said guide cylinder and then removing said plate, guide clamp and guide cylinder from the vertebra;

(e) screwing in a screw into each marked position for a bone screw, each said screw including a lower threaded shaft, an intermediate shoulder and an upper  
30 threaded shaft;

(f) positioning said cervical plate or a different cervical plate, each having a plurality of elongated slots arranged to mate with each of said screw upper shafts over said shafts, each of said slots being sized such that said screw shoulder may not pass

therethrough; and

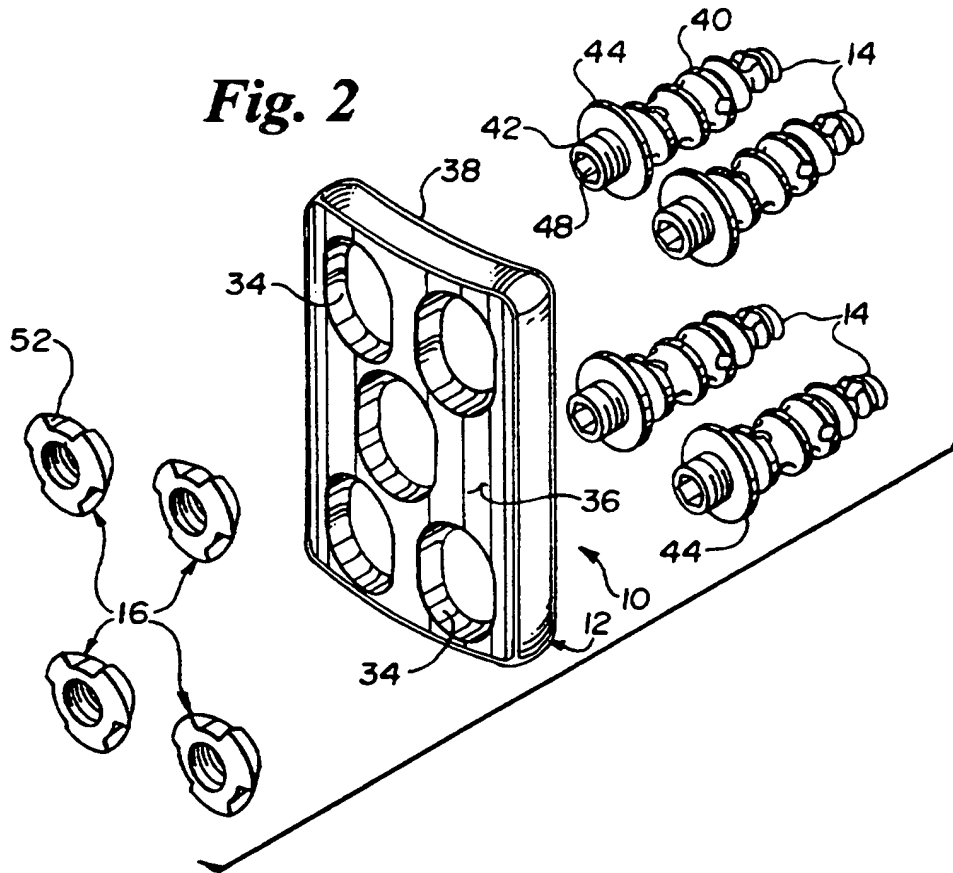
(g) locking said cervical plate to said screws by affixing overcaps to said upper threaded shafts, thereby stabilizing said vertebrae.



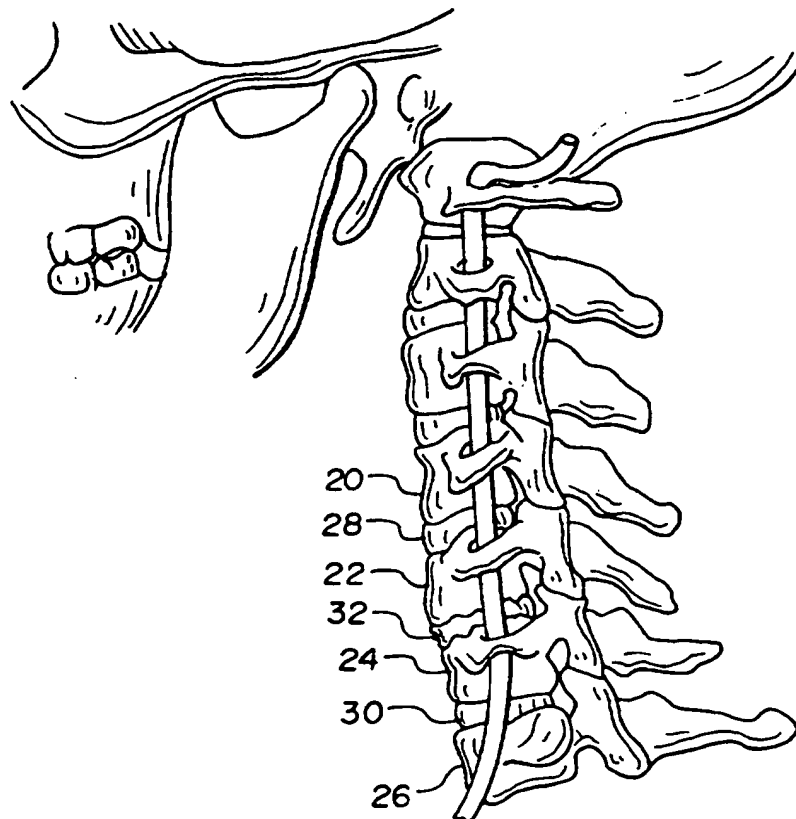


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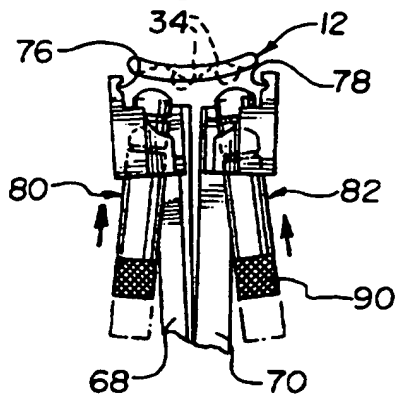
**Fig. 2**



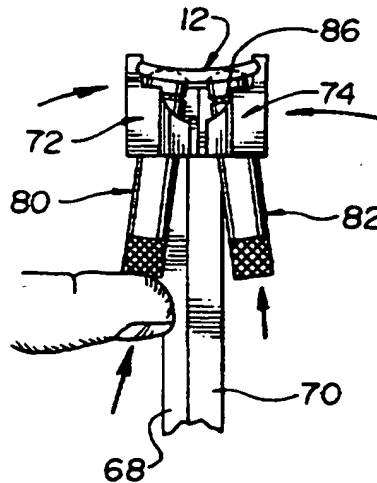
**Fig. 3**



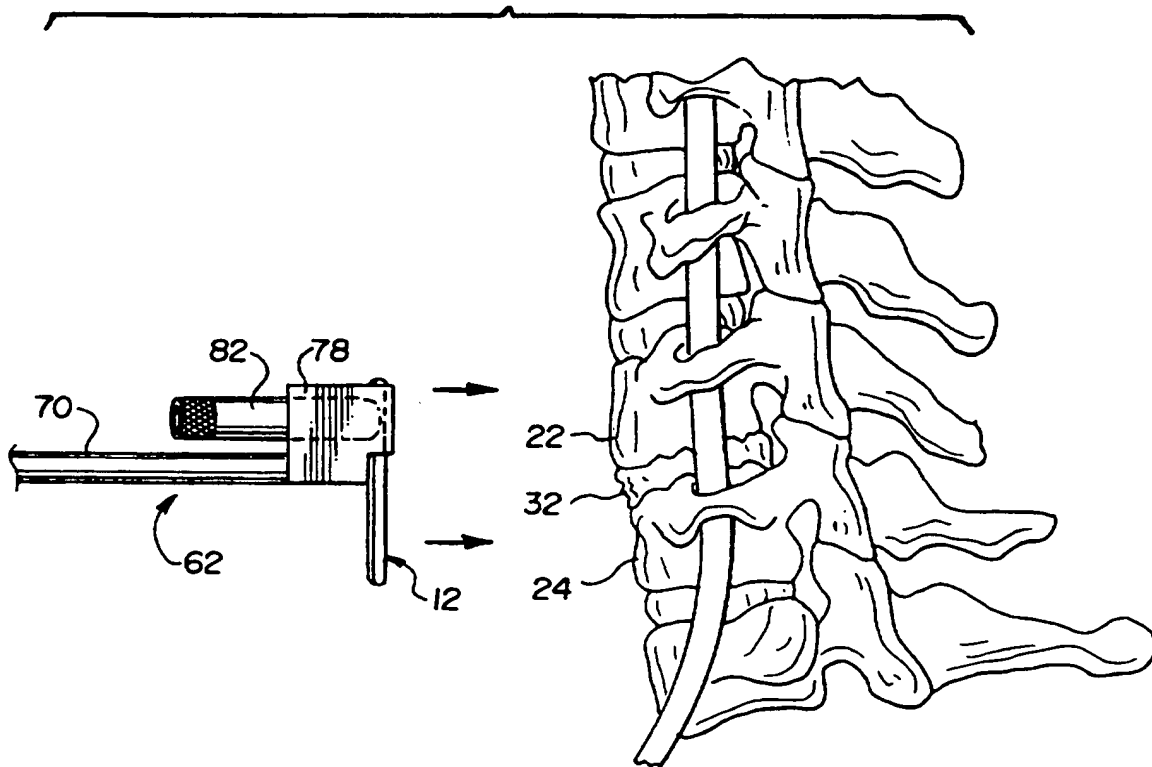
**Fig. 4**



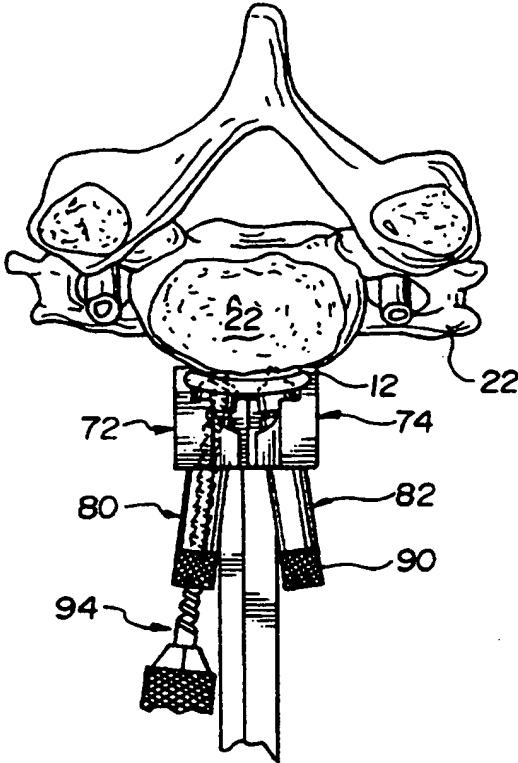
**Fig. 5**



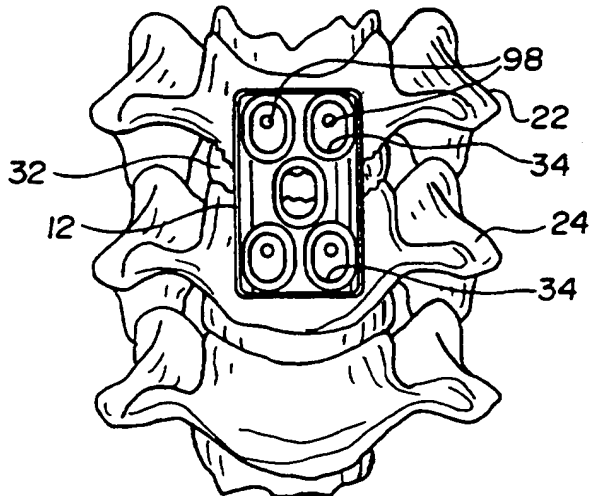
**Fig. 6**



**Fig. 7**

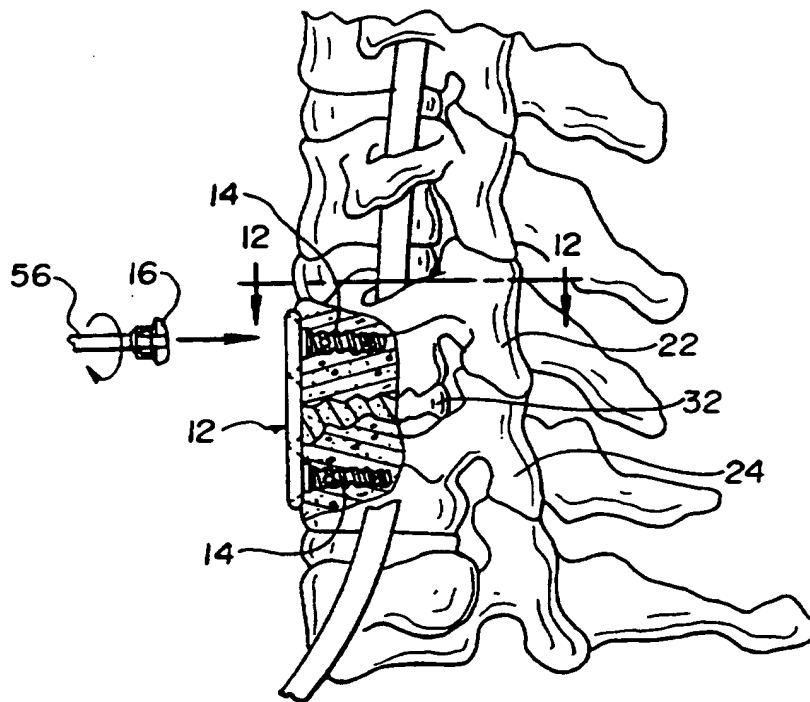


***Fig. 8***

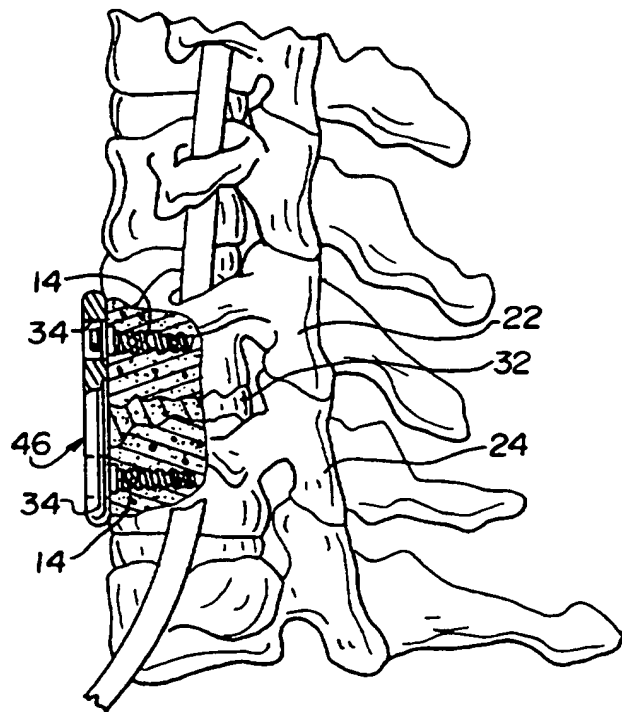


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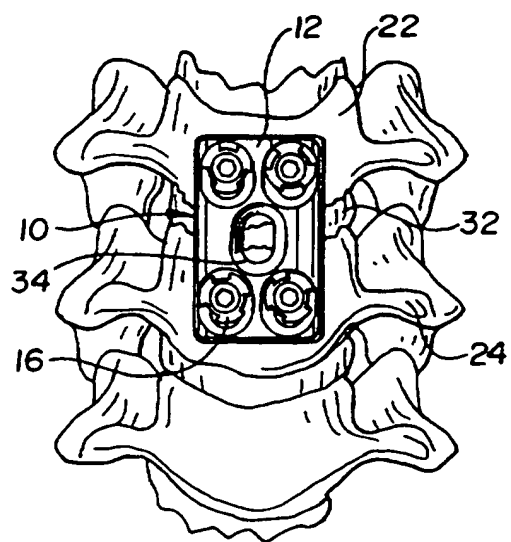
**Fig. 9**



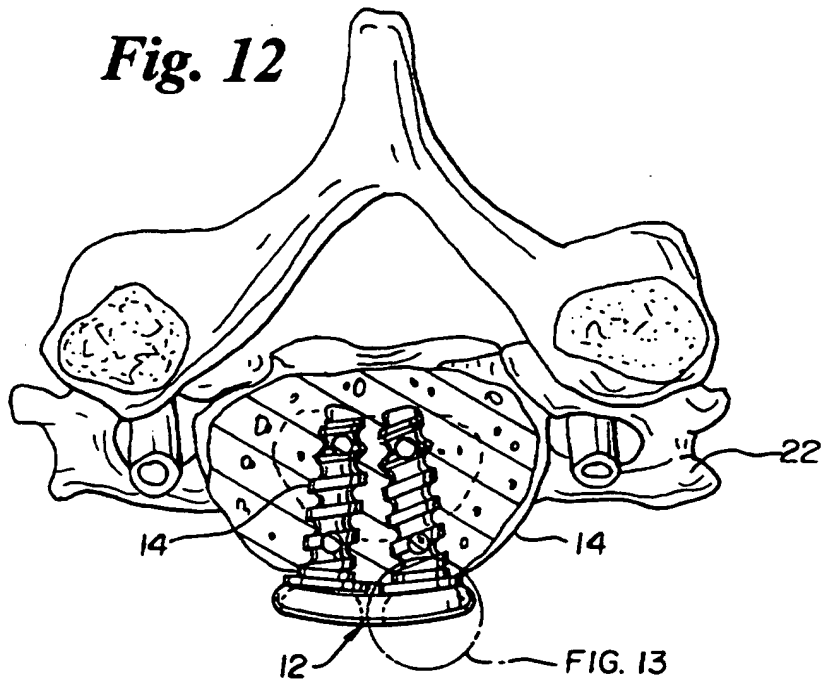
**Fig. 10**



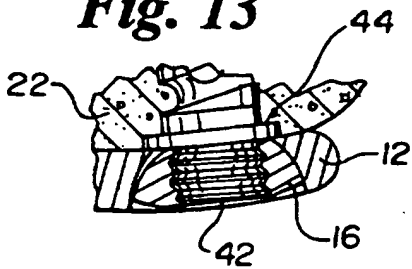
**Fig. 11**



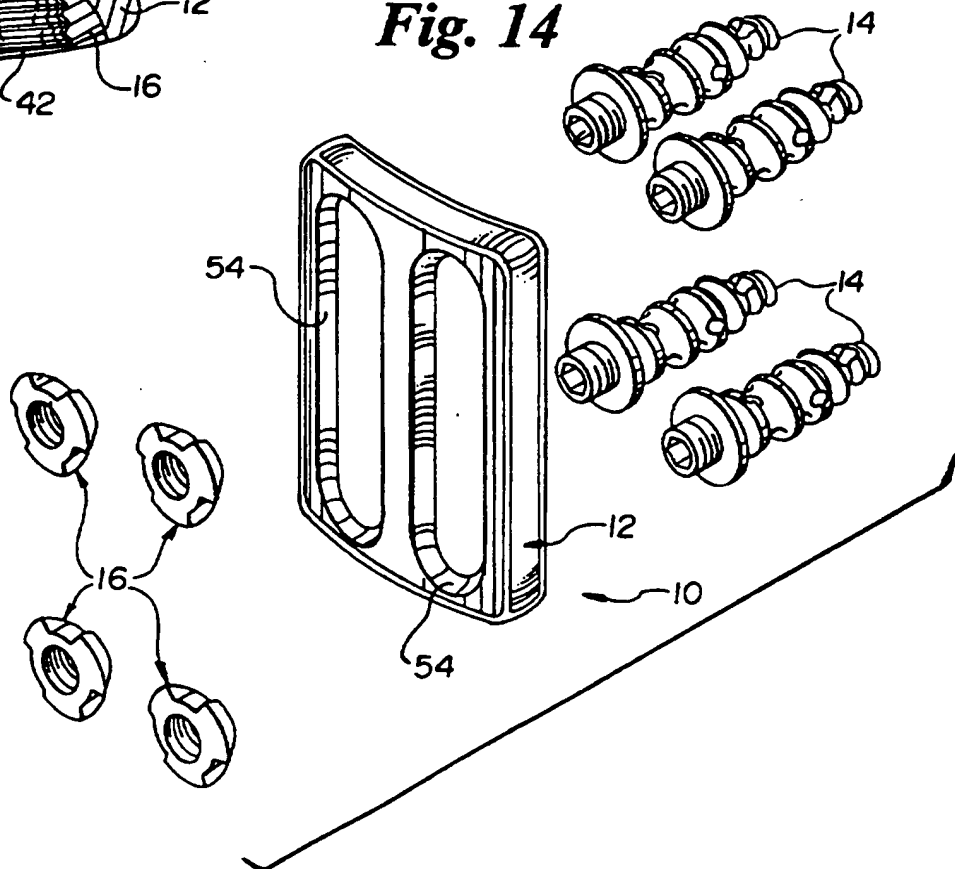
**Fig. 12**



**Fig. 13**



**Fig. 14**



**A. CLASSIFICATION OF SUBJECT MATTER**

IPC(6) : A61B 17/70, 17/80, 17/86, 17/90

US CL : 606/61, 69, 73, 96

According to International Patent Classification (IPC) or to both national classification and IPC

**B. FIELDS SEARCHED**

Minimum documentation searched (classification system followed by classification symbols)

U.S. : 606/60, 61, 69, 72, 73, 86, 96, 205; 411/82, 263, 258

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

**C. DOCUMENTS CONSIDERED TO BE RELEVANT**

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X ----	US, A, 5,084,049 (ASHER ET AL) 28 January 1992, Figure 2.	1 -----
Y		2-3
Y	US, A, 3,146,142 (MALY) 25 August 1964.	2
Y	US, A, 976,874 (CHAMBERLIN) 29 November 1910.	3
X ---	US, A, 5,261,910 (WARDEN ET AL) 16 November 1993; col. 2, lines 35-49.	5 ---
Y		4
X	US, A, 4,502,475 (WEIGLE ET AL) 5 March 1985, Figure 1.	7
A	US, A, 5,108,399 (EITENMULLER ET AL) 28 April 1992.	1-6



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See patent family annex.

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"A"	document defining the general state of the art which is not considered to be of particular relevance		
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Date of the actual completion of the international search

25 OCTOBER 1995

Date of mailing of the international search report

24 NOV 1995

Name and mailing address of the ISA/US  
Commissioner of Patents and Trademarks  
Box PCT  
Washington, D.C. 20231

Facsimile No. (703) 305-3230

Authorized officer

RR

SCOTT B. MARKOW

Telephone No. (703) 305-0858

**BOX II. OBSERVATIONS WHERE UNITY OF INVENTION WAS LACKING**

This ISA found multiple inventions as follows:

Group I: Claims 1-6, drawn to a device and method for stabilizing cervical vertebrae.

Group II: Claim 7, drawn to a tool for assisting placement of a vertebral plate.

The inventions are distinct, each from the other because of the following reasons:

Inventions II and I are related as product and process of use. The inventions can be shown to be distinct if either or both of the following can be shown: (1) the process for using the product as claimed can be practiced with another materially different product or (2) the product as claimed can be used in a materially different process of using that product. In the instant case the product as claimed can be used in a materially different process. The tool may be used for grasping anything between the guides. For example, the tool could be used for grasping a piece of fractured bone between the guides.

Inventions I and II are related as subcombinations disclosed as usable together in a single combination. The subcombinations are distinct from each other if they are shown to be separately usable. In the instant case, invention I has separate utility such as being attached to a broken femur by hand.

Because these inventions are distinct for the reasons given above and the search required for Group I is not required for Group II, restriction for examination purposes as indicated is proper.